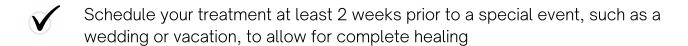


Botufinum Toxin Pere-Instructions

Even though this is a quick in and out procedure, some pre planning, and a little preparation can help you get optimal results.

Pre Care Instructions:



- Avoid the use of aspirin, ibuprofen, ginkgo biloba, garlic supplements, green tea, flax oil, cod liver oil, vitamins A and E, and essential fatty acids for up to 1 week pre injection as they may increase your risk of bruising
- Please inform your provider if you currently take any prescription blood thinners such as Coumadin, Eliquis, Xarelto, Plavix. ***Do not stop any medications without consulting your physician***
- Do not drink alcoholic beverages 24 hours before your treatment to avoid extra bruising
- Do not apply products that are potentially irritating for 2 days before your treatment (examples: tretinoin, retinol, glycolic acid, benzoyl peroxide, alpha hydroxy acid)

Day of Treatment:

- You may use topical anesthetic medication in the office before your scheduled appointment (Please arrive 15 minutes prior to procedure)
- Arrive with a clean face. Please do not wear makeup.
- You may experience a mild amount of tenderness or stinging during and following injection
- Redness and swelling are normal. Some bruising may also be visible.